



SMALL GROUP STUDY

1. The baggage of addiction is a real problem in our lives. Take time to discuss what addiction can look like - the more obvious and not so obvious addictions. What are some addictions that we would label as “acceptable,” even as Christ followers?
2. The battle of addiction is fought in the mind. How is addiction a physical issue? A mental issue? A spiritual issue? Ultimately, how is addiction a product of believing and acting on a lie?
3. Read **2 Corinthians 10:3-5**.
A stronghold is a division in our minds - a division between what I think and what God says. What is the process of “lies becoming truths” that I ultimately believe in my mind? When lies reign as truths in my mind (as a Christ follower), I have a divided mind. Why is that a bad thing? What role can Satan play and what role do I play in all of this? (Ref. Genesis 3, John 8:44, James 1:13-15).

Why is the way to combat lies with the truth of God’s Word? (John 17:17, 2 Timothy 3:16). If my way of thinking doesn’t line up with God’s truth, what needs to change? Why can’t I trust what I think? (Ref. Jeremiah 17:9)
4. How can knowing who I am in Christ help me to overcome addictions in my life? Take time to look over the list in your notes. What are the top five you need to focus on in your life right now? What’s number one for you that you can talk to God about and focus on this week?
5. Read **Philippians 4:6-8**.
The way to overcome strongholds is to be “prayeractive” and “proactive.” What does Paul have to say about each of these? What does this look like in your life?
6. How can you and your small group be a support to help each other to walk in God’s truth in life? What will it take to be successful together and individually? How can / will you make Scripture the focus of all you do, think and say?



BAGGAGE
LET GO. LIVE FREE.



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ACCESS TODAY’S MESSAGE

Our website is designed to be a helpful tool for all things Northampton. At www.NBchurchCF.org you’ll find: our church calendar, key events, email and text alert sign-ups as well as access to this week’s message and past messages - all from your computer, tablet or smartphone!

INFORMATION FOR OUR GUESTS

Next Step Spiritual Growth Opportunities

A great next step from the Worship Service on Sunday mornings is to connect in a smaller group that meets at 9:30am on Sundays. We also have small groups and other Bible Studies at various times during the week.

Children’s & Youth Ministry

We have a safe place for your children and teens! There are several environments throughout the week for preschoolers, children, middle & high school students to take part in, connect with friends and grow in their relationship with Jesus.

Complete info can be found at: www.NBchurchCF.org

FOR FURTHER STUDY

Whether you’re in a small group now or not, use this study guide to help you as you listen to the message and during the week as you dig deeper into God’s Word through the “Small Group Study” section. All of this is designed to help you along the path of discipleship to **Believe > Belong > Become** like Jesus!



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MESSAGE NOTES

THE BAGGAGE OF ADDICTION

Pastor Joe Pryor

The battle of addiction and sin is **WAGED** and **WON** on the battlefield of the mind.

2 Corinthians 10:3-5 - [3] For though we walk in the flesh, we are not waging war according to the flesh. [4] For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. [5] We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, (ESV)

1. The _____ of addiction

2. The _____ of addiction

Philippians 4:6-8 - [6] do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. [7] And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. [8] Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

WHO I AM IN CHRIST...

I need to believe and walk in God's truth

I AM GOD'S...

- Possession [1 Corinthians 6:20]
- Child [John 1:12]
- Workmanship [Ephesians 2:10]
- Friend [James 2:23]
- Temple [1 Corinthians 3:16/ 6:16]
- Vessel [2 Timothy 2:2]
- Co-laborer [1 Timothy 5:18]
- Witness [Acts 1:8]
- Soldier [2 Timothy 2:3]
- Ambassador [2 Corinthians 5:20]
- Building [1 Corinthians 3:9]
- Minister [Acts 26:16 / 1 Timothy 4:6]
- Chosen [Ephesians 1:4]
- Beloved [2 Thessalonians 2:13]
- Precious jewel [Malachi 3:17]
- Heritage [1 Peter 5:3]

I HAVE BEEN...

- Redeemed [Revelation 5:9]
- Set free from sin [Romans 8:1-2]
- Chosen before [Ephesians 1:4]
- Forgiven [Colossians 2:13]
- Given a sound mind [2 Timothy 1:7]
- Adopted [Romans 8:15]
- Justified by grace [Romans 3:24]
- Given all things [2 Peter 1:3]
- Given promises [2 Peter 1:4]
- Given authority [Luke 10:19]
- Given access to God [Ephesians 3:12]
- Given wisdom [Ephesians 1:8]

I AM...

- Complete in Him [Colossians 2:10]
- Free from sin's power [Romans 6:14]
- Sanctified [1 Corinthians 6:11]
- Loved eternally [1 Peter 1:5]
- Eternally kept [John 10:29]
- Kept from falling [Jude 1:24]
- Kept by God's power [1 Peter 1:5]
- Not condemned [Romans 8:1-2]
- One with God [1 Corinthians 6:17]
- On my way to heaven [John 14:6]
- Blessed [Ephesians 1:3]
- Light [Matthew 5:14]
- A city set on a hill [Matthew 5:14]
- Salt of the earth [Matthew 5:13]
- His sheep [Psalm 23 / John 10:14]
- A citizen of heaven [1 Peter 2:11]
- Hidden with Christ [Psalm 32:7]
- Protected [1 John 5:18]
- Secure in Christ [John 10:28-29]
- Set on a Rock [Psalm 40:2]
- More than a conqueror [Romans 8:37]
- Born again [1 Peter 1:23]
- A victor [1 John 5:4]
- Healed by his strips [Isaiah 53:6]
- Sheltered [Psalm 91:4]

I HAVE...

- Access to the Father [Romans 5:2]
- A home in Heaven [John 14:1-2]
- All things in Christ [2 Corinthians 5:17]
- A living hope [1 Peter 1:3]
- An anchor to my soul [Hebrews 6:19]
- A hope that is sure [Hebrews 6:19]
- Power to witness [Acts 1:8]
- The mind of Christ [1 Corinthians 2:16]
- Peace with God [Romans 5:1]

I CAN...

- Do all things [Philippians 4:13]
- Find mercy and grace [Hebrews 4:16]
- Come boldly to God [Hebrews 4:16]
- Declare liberty to captives [Isaiah 61:1]
- Pray always and everywhere [Luke 21:36]
- Defeat the enemy [Revelation 12:11]

I CANNOT...

- Be separated from God's love [Romans 8:35-39]
- Perish or be lost [John 3:16, John 10:28]
- Be moved [Psalm 16:8]
- Be taken out of my Father's hand [John 10:29]
- Be charged or accused [Romans 8:33]
- Be condemned [1 Corinthians 11:32]